University Medical Center Brackenridge
Specialty Clinics
Renal/Hypertension Clinic Worksheet

- **Increased Creatinine**
  - CMP
  - CBC
  - Urinalysis with micro
  - Renal Ultrasound (with post-void residual if age ≥ 50 or diabetic)
  - If diabetic, need Hbg A1C and ophthalmic exam results with referral papers

- **Proteinuria**
  - CMP
  - Urinalysis with micro
  - Urine protein/urine creatinine ratio
  - If diabetic, need Hbg A1C and ophthalmic exam results sent before renal appointment

- **Hypertension**
  - CMP
  - Complete urinalysis
  - Renal Ultrasound if abnormal creatinine
  - Echocardiogram if available
  - Past medication trials

- **Renal Transplant**
  - Immunosuppressive (cyclosporine, prograf, or cellcept) trough level taken 15 minutes before medication dose
  - CMP
  - CBC

- **SLE**
  - CMP
  - CBC
  - Urinalysis with micro
  - Urine protein/urine creatinine ratio
  - Renal Ultrasound

Revised May 2015